TREAT YOURSELF

---------- Pureed Diet ----------

Pureed food items are smooth in texture without lumps. Can be eaten with a spoon and can hold its shape on a spoon. Pureed food items are thicker than a Level 3, do not require chewing and are not sticky.

For your convenience, a Food & Nutrition Hospitality Associate will visit you to pre-order your meals for the day and will be able to confirm any daily specials.

Breakfast

Entrees

Pureed Omelet
Pureed Waffle | Pureed Pancake | Pureed French Toast

Cereal & Sides

Pureed Cream of Wheat
Pureed Cottage Cheese | Pureed Sausage

Sweets

Pureed Mixed Berries | Applesauce
Light Vanilla Yogurt | Greek Yogurt

Lunch & Dinner

Entrees

Pureed Beef with Gravy | Pureed Chicken with Gravy
Pureed Turkey with Gravy | Pureed Mac & Cheese
Pureed Fish with Lemon Sauce | Pureed Pork with Gravy
Pureed Chicken Marinara

Soups & Sides

Vegetable Broth | Beef Broth | Chicken Broth
Pureed Chicken Noodle Soup | Pureed Tomato Basil Soup

Pureed Mashed Potatoes | Pureed Rice
Pureed Sweet Potatoes
Pureed Pasta with Gravy or Spaghetti Sauce
Pureed Green Beans | Pureed Corn | Pureed Broccoli
Pureed Peas | Pureed Carrots

Sweets

Pureed Mixed Berries | Applesauce
Pureed Peaches | Pureed Pears
Light Vanilla Yogurt | Greek Yogurt
Vanilla Pudding | Chocolate Pudding

Beverages

Orange Juice
Apple Juice
Cranberry Juice
2% Milk | Skim Milk | Whole Milk
Chocolate Milk | Hot Chocolate
Coffee | Decaf Coffee
Hot Tea | Hot Decaf Tea
Iced Tea | Bottled Water

Condiments

Margarine
Salt | Pepper | Herb Seasoning
Sugar | Sugar Substitute
Non Dairy Creamer | Lemon Juice
Ketchup | Mustard | Lite Mayo | BBQ Sauce

* Some menu items may not be available due to your prescribed diet order or food allergies.

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