TREAT YOURSELF

---------- Bariatric Diet ----------

For your convenience, a Food & Nutrition Hospitality Associate will visit you to pre-order your meals for the day and will be able to confirm any daily specials that are available on your prescribed Pureed or Regular Bariatric diet.
Enjoy!

Bariatric Clear Liquid

Broth
Beef Broth | Chicken Broth | Vegetable Broth
Sweets
Diet Citrus Gelatin | Sugar-Free Popsicle
Beverages
Bottled Water | Crystal Light Lemonade | Crystal Light Raspberry
Decaf Tea | Decaf Coffee
Condiments
Lemon Juice | Sugar Substitute

Bariatric Full Liquid

Broth
Beef Broth | Chicken Broth | Vegetable Broth
Sweets
Plain Greek Yogurt | Light Vanilla Yogurt
Diet Citrus Gelatin | Diet Red Gelatin | SF Popsicle
Diet Vanilla Pudding | Diet Chocolate Pudding
Beverages
Bottled Water | Crystal Light | Skim Milk
Decaf Tea | Decaf Coffee
Condiments
Lemon Juice | Sugar Substitute | Salt

Bariatric Pureed

Breakfast
Pureed Cream of Wheat | Scrambled Eggs | Pureed Cottage Cheese
Plain Greek Yogurt | Light Vanilla Yogurt
Soup
Beef Broth | Chicken Broth | Vegetable Broth
Pureed Chicken Noodle Soup
Lunch & Dinner
Pureed Entree of the Day
Pureed Vegetable of the Day
Pureed Mashed Potatoes | Pureed Sweet Potatoes
Sweets
Diet Citrus Gelatin | Diet Red Gelatin | SF Popsicle
Diet Vanilla Pudding | Diet Chocolate Pudding
Baby Food Peaches | Apples | Bananas | Pears
Beverages
Skim Milk | Bottled Water | Crystal Light
Decaf Coffee | Decaf Tea
Condiments
Lemon Juice | Sugar Substitute
Salt | Pepper | Herb Seasoning

Bariatric Regular

Breakfast Cereal
Cream of Wheat | Oatmeal | Grits
Cheerios | Corn Flakes | Rice Chex

Breakfast Entrees & Sides
Scrambled Eggs | Hard Cooked Egg
Cottage Cheese | Home Fries
Plain Greek Yogurt | Low-Fat Vanilla Yogurt
Applesauce | 1/2 Banana
English Muffin | White Bread | Wheat Bread

Soup
Beef Broth | Chicken Broth | Vegetable Broth
Chicken Noodle Soup

Lunch & Dinner
Entree of the Day
Vegetable of the Day
Mashed Potatoes | Buttered Rotini | Rice

Sweets
Diet Orange Gelatin | Diet Red Gelatin | SF Popsicle
Diet Vanilla Pudding | Diet Chocolate Pudding
Chilled Peaches | Chilled Pears | Fruit Cocktail

Bread
Honey Wheat Dinner Roll
White Bread Slice | Wheat Bread Slice

Beverages
Skim Milk| Bottled Water | Crystal Light
Decaf Coffee | Decaf Tea

Condiments Available Upon Request

* Some menu items may not be available due to your prescribed diet order or food allergies.

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